



Part 1: IS GOD REALLY GOOD ALL THE TIME

PART 2: LETTING GOD MEET MY NEEDS

“The Lord is always good. He is always loving and kind, and his faithfulness goes on and on to each succeeding generation.”

Psalm 100:5

What happens when I forget God’s Goodness?

I START CLAIMING CREDIT

I STOP ASKING FOR GOD’S HELP

I STOP TRUSTING GOD IN DIFFICULT TIMES

I BECOME PESSIMISTIC ABOUT THE FUTURE

HOPE: is anticipating God’s Goodness.

PSALM 23: Because God is Good . . .

1. HE WILL MEET MY NEEDS WHEN I AM WORRIED

God is the source of everything I need to live.

“The Lord is my Shepherd, I will lack nothing!” Psalm 23:1

There is nothing I need that God can't supply.

“God will supply all you'll ever need from his glorious resources in Christ Jesus.” Philippians 4:19

God doesn't want me worrying about anything.

“Don't worry about anything! Instead, pray about everything. Philippians 4:6a

WHY DOES GOD TELL ME NOT TO WORRY?

WORRY IS UNREASONABLE

“Do not worry about your life — what you'll eat or drink, and don't worry about your body, or what you'll wear. Your life is far more important than clothes.” Matthew 6:25

WORRY IS UNNATURAL

*“Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?” Matthew 6:26
“And why worry about your clothes? Look at the field lilies! They don’t worry about theirs. Yet King Solomon in all his glory was not clothed as beautifully as they.” Matthew 6:28-29*

WORRY IS UNHELPFUL

*“Who of you by worrying can add a single hour to his life?” Matthew 6:27
“Worry weighs us down.” Proverbs 12:25a*

WORRY IS UNNECESSARY

“If God cares so wonderfully even for the flowers that are here today and gone tomorrow, won’t he more surely care for you?” Matthew 6:30

HOW DO I TRUST GOD FOR MY NEEDS?

EVERY DAY, ASK JESUS TO BE MY SHEPHERD

Jesus: “I am the good shepherd; I know my own sheep, and they know me . . . and I lay down my life for my sheep.” John 10:14-15

“Come save us and bless us Lord! Be our shepherd and always carry us in your arms.” Psalm 28:9

EVERY DAY, GIVE JESUS FIRST PLACE IN YOUR LIFE

“Your Heavenly Father already knows perfectly well what you need, and He will give you what you need IF you give Him first place in your life and live as He wants you to.” Matthew 6:32-33

EVERY DAY, RELAX AND GIVE JESUS YOUR WORRIES IN PRAYER

“Give all your worries and cares to God, for he cares about what happens to you.” 1 Peter 5:7

“Don’t worry about anything; instead, pray about everything. Tell God about all your needs and thank him for all he’s done/for you. If you do this things, you will experience God’s peace, which is far more wonderful than the human mind can understand.” Philippians 4:6-7

EVERY DAY, TRUST JESUS FOR ONE DAY AT A TIME

“Don’t worry about tomorrow, because tomorrow will have its own worries. Each day has enough trouble of its own.” Matthew 6:34

“Give your entire attention to what God is doing right now, and don’t get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.” Matthew 6:34